













July 2024 MaineStreamer's Schedule

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|---|---|--|-----|
| | 1 10:30-11:30 Senior Aerobics 6:00-7:30 Yoga | 2 | 3 11:15-12:15 Senior Aerobics | 4 Closed Holiday  | 5 | 6 |
| 7 | 8 10:30-11:30 Senior Aerobics 6:00-7:30 Yoga | 9 6:00-7:30 Tailgate Bingo  | 10 11:15-12:15 Senior Aerobics | 11 10:15-11:15 Zumba Gold 12:30-2:30 BINGO Day Trip: 7:00-6:30 Milton House, Lincoln Talman & Rotary Botanic Gardens  | 12 10:00 – 11:00 Ink & Water Color Pollinators  | 13 |
| 14 | 15 10:30-11:30 Senior Aerobics 6:00-7:30 Yoga | 16 6:30-8:00 Summer Concert Chicago's Own Piano Man  | 17 11:15 - 12:15 Senior Aerobics 1:00-3:00 Day at the Races  6:00-7:30 Rain Date: Tailgate Bingo  | 18 Day Trip: 7:00-7:30 Mystery Trip  10:15-11:15 Zumba Gold 10:30-11:30 New Member Orientation  1:30-3:30 Rules of the Road | 19 | 20 |
| 21 | 22 10:30-11:30 Senior Aerobics 6:00-7:30 Yoga | 23 5:30-7:30 Twilight Dining: Coarse Italian  | 24 11:15-12:15 Senior Aerobics 12:00-2:30 Informative (Park Ridge Country Club)  The Golden Age of Hollywood Presenter: Martina Mathisen | 25 10:15-11:15 Zumba Gold Day Trip: 4:30-10:15 Million Dollar Quartet  | 26 | 27 |
| 28 | 29 10:30-11:30 Senior Aerobics 2:00-3:30 Computer Workshop | 30 1:30-3:40 Monthly Movie – "Ordinary Angels"  | 31 11:15-12:15 Senior Aerobics Day Trip: 10:30-5:15 Ain't Misbehavin'  | | | |